



The Twelve Days of Breastfeeding

The Lactation Team at Tucson Medical Center, in Tucson, Arizona (USA), 2008

On the First Day of living my Mommy gave to me - the best start for my new life – breastfeeding!

On the Second Day of living my Mommy gave to me- two breasts for feeding.

On the 3rd day of living, my Mommy gave to me, 3 days of colostrum.

On the 4th day of living I gave to my mommy, big gulpy swallows.

On the 5th day of living my mommy gave to me, plenty milk a-flowing.

On the 6th day of living I gave to Mommy, 6 soaky diapers.

On the 7th day of living I gave to Mommy, 7 burps and smiles.

On the 8th day of living we had 8 happy Lactation Consultants.

On the 9th Day of living my Mommy gave to me, Joyful Mommy breastfeeding.

On the 10th day of living my Mommy gave to me, 10 breast feedings daily.

On the 11th day of living, I gained back all my weight and made my daddy smile with glee.

On the 12th day of living my Mommy said to me, "I have milk enough to feed thee totally!"

First appeared in the January 2009 ILCA eGlobe